



# FIGT Connections

Where Research Comes to Life

## Families in Global Transition

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Families in Global Transition leads the worldwide community in empowering families and those who serve them in global transition. FIGT is the premier advocate and educational resource for families, organizations and service providers.

### LETTER FROM INCOMING BOARD PRESIDENT

For the past five years, Peggy Love -- entrepreneur, relocation service provider and tireless advocate for globally mobile individuals and families -- has shaped the success of FIGT's mission. Peggy has always been passionate in her belief in FIGT: combining thought leadership, interdisciplinary dialogue and a warm welcome for all.

Peggy shepherded the conference's move from Houston to Washington, DC in 2011, harnessing the wealth of knowledge and experience provided by nearby businesses, universities and international organizations.

In 2012, FIGT became a member organization for the first time in its history, allowing closer ties to the global community. This initiative was spearheaded by Peggy and the Collie Gorg Group, the non-profit management company she engaged to professionalize FIGT's core structure and conference services. Most recently, in 2014 she was at the helm as we "redefined" the global family, helping us address the ever-diversifying needs of our constituents.

Peggy has distinguished herself as a creative matchmaker for sponsors, practitioners and visionaries, connecting FIGT member expertise to ever-widening networks of people supporting global families. She helped expand the organization's own boundaries to include new global affiliates in South Korea, Switzerland, the UK and the Netherlands. Her leadership has drawn the most geographically diverse Board of Directors yet.

After five years as a Director, and four of those years as President of the Board, Peggy will complete her Board tenure on September 30. We wish her continued success in her professional and personal endeavors, and we celebrate her service with deep gratitude and affection.

Kilian Kröll  
Incoming Board President

### LETTER FROM THE FIGT PROGRAM CHAIR

Early this morning, I was in the shower when the phone rang. It was a call from a FIGT member that had questions about submitting a proposal to the annual FIGT conference. It was interesting to hear her tone -- a sense of excitement and urgency. I soon forgot that I was dripping wet, and I told her all about the FIGT conference.

### Quick Links

FIGT Website  
Join FIGT Membership

### Contact FIGT

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Website: www.figt.org

Become an FIGT Member Today!

In March 2012, FIGT launched a new membership program, [click here](#) to learn more or join today!

Connect with FIGT



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You have stories, too. Everyday you are living the expat lifestyle or working with expats and you are hearing first hand from them what their life is like -- the astonishment at what their wonderful children are doing around the world, the frustration at the barriers that are put in their own lifestyle abroad, and the desire to do something to help others in global transition.

FIGT has a unique vantage point, one grounded by the insights of research and anecdotes shared by the incredible network of mobility experts, government agencies and expat supporters across all professional sectors. If you have not yet [submitted your proposal](#) for the 2015 FIGT conference, now is the time. Deadline for RFPs is October 7th, 2014.

Julia Simens

Program Chair

## FIGT EXTENDS A WARM WELCOME TO ITS NEWEST AFFILIATE: FIGT NETHERLANDS!

FIGT is pleased to announce the launch of a FIGT affiliate in the Netherlands. After attending the 2014 FIGT Annual Conference, Kate Berger and Kristine Racina decided to join forces and start a FIGT affiliate in their country of residence -- the Netherlands. This great team is delighted to be joined by Vivian Chiona.



The first FIGT NL meeting took place on September 26th and brought together a group of people representing different aspects of expatriate life in the Netherlands. We were delighted to have among us Ellen Mahoney, the founder of [Sea Change Mentoring](#) and FIGT Scholarship Director.

The next FIGT NL meeting is planned for January 2015.

If you would like to learn more about [FIGT NL](#) activities or get invited to its events, please don't hesitate to get in touch with Kate ([expatkidsclub@gmail.com](mailto:expatkidsclub@gmail.com)) or Kristine ([director@xpatarchive.com](mailto:director@xpatarchive.com)).

- Kate Berger is a Child and Adolescent Psychologist, MSc, with a private practice, [The Expat Kids Club](#), who incorporates various therapeutic methods (including cognitive-behavioral therapy and mindfulness-based practices), to support expatriate children -- and their families -- living in non-native environments. Kate is American, living in Amstelveen.
- Kristine Racina is the director of the [Expatriate Archive Centre](#) (EAC). The EAC collects, preserves, promotes and makes accessible a collection of primary source materials documenting the social history of expatriate life. Kristine is Latvian, living in The Hague.
- Vivian Chiona is the founder of [Expat Nest](#) which promotes the emotional well-being of expats, by offering online counselling services. Vivian holds Greek-Dutch nationality and lives in Leiden.

## UK AFFILIATE NEWS

Save The Date! The next FIGT UK networking event, "Caring At A Distance," will be held on 7th November 2014 in association with TimeFinders Senior Life Specialists.

As life expectancy increases, the provision of elder care is becoming more important in the UK and is moving up the agenda in all sectors. When you live and work abroad, caring from a distance and ensuring that a parent or relative back in the UK can manage as they become older and frail in health can be difficult and worrying. Yet the most recent research from the relocation industry highlights that company overseas assignment policies do not include provision for elder care support in the home country.

Thankfully there are a number of things that expats can do. Please join [Families in Global Transition UK](#) at our event kindly hosted by Signature at their new care and nursing home [Cliveden Manor, Marlow](#), for an overview of how to best prepare for caring at a distance.

Place: Signature, Cliveden Manor, 210 Little Marlow Road, Marlow, Bucks SL7 1HX

Date: Friday 7th November, 2014

Time 9.45 for 10.30am

There will be a networking lunch after the presentations and panel discussion

To reserve your place now please visit our [Registration Page](#).

## FIGT BOSTON

[FIGT Boston](#) held their first meeting following the summer break with a large turnout of regulars as well as two new members. The enthusiasm from our last meeting followed us into the autumn as new partnerships formed and expertise was shared.

Members continue to enjoy discussing their challenges, whether it be work or personal cross-cultural issues, with others and problem solving together. We decided to continue with member presentations and discussions as issues come up.

If you are interested in being part of the [FIGT Boston](#) community or attending the upcoming workshops, please contact Anne Copeland ([copeland@interchangeinstitute.org](mailto:copeland@interchangeinstitute.org)) or Tina Quick ([tinaquick@comcast.net](mailto:tinaquick@comcast.net)).

## ADDITIONAL UPCOMING NETWORKING EVENTS (Washington, DC Area)

Fall Networking Event in DC: Thursday, October 16, 2014

Proposed Location: [Cities Restaurant and Lounge](#), 919 19th Street, Washington DC

Theme: Navigating your work career - a mix and mingle event

Time: 6 - 8 pm

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Winter Networking Event in DC: Thursday, December 4, 2014

Time: 6 - 8 pm

Location: To Be Determined

## SNEAK PEAK TO 'WORLDS WITHIN'

EXCERPTS FROM UPCOMING THE WORLDS WITHIN TCK ANTHOLOGY

These are two in a series of excerpts from the soon-to-be published "The Worlds Within TCK Anthology." A portion of the book's profits will be donated to the FIGT [David C Pollock Scholarship Fund](#).

### [Uni Poem](#)

"Mum and Dad are disappointed; I'm not making the grade...."

### [Back Out](#)

"...I refused to admit it, but I was truly going though complete madness, yet in the very controlled outside version as always, with others not noticing..."